Proceedings

from the

1997 NASA Occupational Health Conference

Achieving Quality in Occupational Health

August 4 - 7, 1997 Cleveland, Ohio

Prepared for

The National Aeronautics and Space Administration
Office of the Manager, Occupational Health Program
John F. Kennedy Space Center, Florida

bу

The Bionetics Corporation

Mail Code BIQ-5

Kennedy Space Center, Florida 32899

Under subcontract S-NASA10-001 to the Dynamac Corporation

Proceedings

from the

1997 NASA Occupational Health Conference

Achieving Quality in Occupational Health

August 4 - 7, 1997

Cleveland, Ohio

Welcome and Opening Remarks	1
Plenary Sessions	3
Keynote Speech	67
Workshops	73
An Overview of the NASA Occupational Health Assessment Team Report	99
Poster Sessions	107
Breakout Sessions	193
Center Presentations	199
Occupational Health Conference Awards	201
Continuing Education	203
Conference Participants	205



Contents

Welcome and Opening Remarks	1
Plenary Sessions	3
Striving for Quality at a NASA Occupational Health Clinic: the Experiences of a 1996 George M. Low Award Recipient	4 -/
Stephen A.Weirich, M.D. Hummer Associates/Whole Health Management NASA Lewis Research Center, Cleveland, Ohio	
A New Career for Industrial Hygienists and Safety Engineers at NASA or, What's All the Fuss About ISO-Harmonized Management Systems	15 👱
Steven Levine, Ph.D. Professor of Occupational and Environmental Health Director, World Health Organization Collaborating Center in Occupational Health, School of Public Health, University of Michigan	
Still More in the 'Alphabet Soup' of Quality	27 - 3
Gerald Roling, M.D. U.S. Navy (Ret.) and Medical Director, The Boeing Company (Ret.) Associate Clinical Professor of Medicine, University of Washington Field Representative, Joint Commission of Accreditation of Health Care Organizations	
Introduction for Plenary Sessions Presented by O. W. (Buck) Jones, M. D. and Gregory Larkin, M. D.	36 OMIT
Quality Cost-Effective Occupational Health Programs: A Winning Example	36 OMIT 38 - 4
O.W. (Buck) Jones, M.D. Medical Director, Oak Ridge Y-12 Plant Lockheed Martin Energy Systems, Inc., Oakridge, Tennessee	

Leveraging Employer Assets for Improved Health Services	44 -5
Gregory Larkin, M.D. Director, Corporate Health Services Eli Lilly and Company, Indianapolis, Indiana	
Engineering Aspects in Blood Pump Development	51 -6
Leonard Golding, M.D. and Adjunct Professor of Surgery Aerospace Engineer Ohio State University Computing and Information Vice Chairman, Systems Office Department of Biomedical Engineering The Cleveland Clinic Foundation Cleveland, Ohio	
Using Information Technologies to Drive Quality in Occupational Health [Demonstration of DOD Medical Information System ("Command Core")]	56-7
Scott Gordon, Major, USAF United States Air Force School of Aerospace Medicine Department of Bioenvironmental Engineering, Brooks Air Force Base, Texas	
Keynote Speech	67-cm1+
A New Prescription to Improve Women's Health	68 - 8
A New Prescription to Improve Women's Health Saralyn Mark, M.D. Department of Health and Human Services Senior Medical Advisor of the Office on Women's Health United States Public Health Service Office of the Secretary for Health	68 - 8
Saralyn Mark, M.D. Department of Health and Human Services Senior Medical Advisor of the Office on Women's Health United States Public Health Service	67-cm1+ 68-8 73 ≥m1+
Saralyn Mark, M.D. Department of Health and Human Services Senior Medical Advisor of the Office on Women's Health United States Public Health Service Office of the Secretary for Health	68 - 8 73 ≥miT 74 - 9

An Overview of the NASA Occupational Health Assessment Team Report	99 -//
Emmett B. Ferguson, M.D., M.P.H. Assessment Team Leader Consultant, The Bionetics Corporation NASA Kennedy Space Center, Florida	
Poster Sessions	107 CMT
NASA Headquarters	
Health Risk Appraisal Use at Headquarters Donald Borcherding, M.D.	108 -/2
Ames Research Center	
Industrial Hygiene Evaluation of Airborne Microbial Contamination Stanleigh W. Phillips, CIH	112 -/3
An Occupational Tuberculosis Surveillance Program Barbara Brown, R.N., M.S.N., M.P.H., and John Meyers, M.D., Kelsey-Seybold	123 -14
Dryden Flight Research Center	
Dryden Flight Research Center Chemical Pharmacy Program Bette Davis, CIH, CSP	125 - 15
Effective Documentation Tools Claire Sleboda, R.N., B.S.N., C.O.H.N.S.	126 -16
Goddard Space Flight Center	
Development of a Pamphlet Targeting Computer Workstation Ergonomics Jennifer S. Faraci, IHIT	129 – /7
The Employee Assistance Program Collaborates on the Development of an Internal Web Page for the GSFC Workforce Marian Humphrey, LCSW-C	132 -18

Interim Measures for Neutron Radiation Dosimetry Theodore D. Simmons, II and Tad M. Blanchard, NHS	134 -/9
Johnson Space Center	
Emergency Operations Center at Johnson Space Center Gary C. Caylor	02- 137
Ergonomics Program at Johnson Space Center Sheilla Goldberg and Jody Licatino, Kelsey-Seybold	138 -2/
Longitudinal Assessment of 10-Year Weight Change in a Large Federal Workforce Larry T. Weir, Andrew S. Jackson, F.A.C.S.M., Greta W. Ayers, Kelsey-Seybold	143 -22
Kennedy Space Center	
Enhancing an Occupational Medicine Residency Program with a Practicum at an Operational Space Center Rony Francois, M.A., M.D., University of South Florida	150 -23
Kennedy Space Center Health Education and Wellness Program: Evaluation of Cardiovascular Screening Retest for High Risk Employees Carol A. Roth, R.N., M.S.N., EG&G	153 -24
Remediation of Indoor Air Quality Concerns Base Operations Building-Kennedy Space Center Jim Taffer, CIH and Bart Geyer, CIH, EG&G	156 25
NASA Worldwide Emergency Medical Assistance George A. Martin, M.D., F.A.C.E.P., David A. Tipton, M.D., F.A.C.P. and Irene D. Long, M.D., NASA	161 -26
Lewis Research Center	
Assessing the Wellness of NASA LeRC Employees: The First Step Toward the Development of a Pragmatic Wellness Program Lisa Krejci, M.S., Stephen Weirich, M.D., and Ellen Miller, M.S., R.D., Hummer Associates	166 -27

Chemical Inventory Management at NASA Lewis Research Center Shirley S. Kraft, SAIC, Joseph R. Homan, RECOM Technologies, Michael J. Bajorek, SAIC, Manuel B. Dominguez, NASA LeRC, Vanessa L. Smith, SAIC	169 -2 8
A Comparison of Lead Abatement Technologies at Lewis Research Center Luz Y. Jeziorowski, and Joanne Calla	172 - 29
An Exposure Prevention Plan for an Anhydrous Ammonia Handling System Cathy L. Padolewski, CIH, SAIC	175-30
An Engineering Approach to Management of Occupational and Community Noise Exposure at NASA Lewis Research Center Beth A. Cooper, SAIC	178 - 3 /
Retrofitting Laboratory Fume Hoods with Face Velocity Monitors at NASA Lewis Research Center Ingrid Wagner, SAIC, Margaret D. Bold, The Bionetics Corp., and David B. Diamond and Phillip M. Kall, NASA	180 - 3 2
Slimathon Incentive Weight Loss Program Wendy D. Large, David H. Hofstetter, and Lisa E. Krejci, NASA Lewis Research Center and Hummer Associates	182 -3 3
Marshall Space Flight Center	
Evaluation of Exposure From a Low Energy X-Ray Device Using Thermoluminescent Dosimeters William S. Harris, Jr., and David L. Edwards	186 - 34
Medical Support for Marshall Space Flight Center's Neutral Buoyancy Simulator William B. Dye, M.D., Anne E. Bauer, M.D., and Brenda Bradford, P.M.	192 - 35
Breakout Sessions	193 - OMIT
Contracting Officer's Technical Representatives	193 - 07117 194 - 36
Industrial Hygienists	196 -37

Center Presentations	199 -0MT
Occupational Health Conference Awards	201
Continuing Education	203
Conference Participants	205

Foreword

Traditionally the National Aeronautics and Space Administration (NASA) sponsors or conducts conferences and symposia to exchange scientific and technical data and management experiences in virtually all of its many disciplines. Occupational Health is no exception. Periodic conferences convene to address the latest topics of concern, to share mutual and unique work experiences, and to hear from experts in areas of particular emphasis or currency relevant to the health of the Agency's workers.

The Conference in Cleveland broke a two and a half-year hiatus since the last NASA Occupational Health Conference was held. The Agency transferred lead center management of the Occupational Health Program from NASA Headquarters to Kennedy Space Center during that interval. NASA reduced and restructured its work force, modified contractual roles, and assumed new challenges in the international arena. It continues to be a preeminent scientific organization contributing to cutting edge technologies and advancing knowledge of our earth and the universe. In making these changes, NASA has not, however, lost the perspective of keeping its mission and accomplishments relevant and applicable to everyday life. Nor has it failed to recognize the importance of the NASA work force in previous and future accomplishments.

In addressing occupational health concerns, NASA firmly establishes the concepts of preventative medicine as critical elements for productivity and efficiency of employees. These concepts are mandated in an agency that has diverse and hazardous work settings in many of its Field Centers. However, the NASA Occupational Health Conference sought to attain a further objective: achieving quality in occupational health.

To meet this objective, the conference agenda included plenary sessions with guest speakers who addressed cogent, relevant discipline topics, workshops on important and forcing questions, and special sessions on "in-house" subject matters deliberated at the forum or caucus level. The sessions provided opportunities for interchange of information within and among the several specialties representing Occupational Medicine and Environmental Health at each Field Center. In addition, this year, as a first, NASA inaugurated the well-acclaimed scientific and technical communication technique of poster presentations. An awards banquet, complementary social features, and a tour of the host Lewis Research Center were also scheduled.

These events contributed to a fine Conference from which every participant could obtain meaningful and useful knowledge. The Proceedings publishes the intent and content of the Conference.

It is my distinct privilege and pleasure to have participated in this notable meeting. I hope that its success will catalyze our Occupational Health personnel to strive for and attain new measures of quality and excellence.

Irene D. Long, M.D. Acting Manager, NASA Occupational Health Program Office



Welcome and Opening Remarks

Chaired by **Irene D. Long, M.D.**Acting Manager, NASA Occupational Health Program Office
Kennedy Space Center

The NASA Occupational Health Conference, the first one held since February 1995, was organized around the theme "Achieving Quality in Occupational Health." It was organized and managed by the staffs of the Biomedical Office and of the Occupational Health Program Office at Kennedy Space Center with assistance from support contractors. The Conference was held in Cleveland, Ohio and hosted by the Lewis Research Center. Many speakers and experts in the selected topics contributed to the Conference by giving relevant presentations to attendees representing all the NASA Field Centers. With such a stellar line up of participants, broad Agency representation, and laudable objectives, it was wholly fitting that dignitaries from several orientations should provide words of welcome and motivation to the attendees.

Dr. Irene D. Long, Director of the Biomedical Office and Acting Manager of the Occupational Health Program Office at Kennedy Space Center officially opened the Conference with preliminary remarks about the its design and intent. She noted that transfer of management of the Program Office from NASA Headquarters to the Biomedical Office at the Kennedy Space Center had taken place earlier in the year, and that a whole new thrust for the Program was underway. After offering her own warm welcome, she introduced each of the other participants in the ceremonies.

Mr. Joseph Jasper, Commissioner for Environmental Health, Public Health Department of the City of Cleveland, extended to attendees his personal welcome on behalf of the City of Cleveland. He recalled for attendees the signal advances made by his City in improving the work environment and, hence, the occupational health of Cleveland citizens in general and employees in particular. His position provides him the opportunity to direct resources where they may most benefit the populace and encourage industry in Cleveland. He noted the common bond and objectives of his office and this NASA Conference, and invited all to enjoy the other pleasant offerings of this great city.

Mr. Donald J. Campbell, Director of the NASA Lewis Research Center, added his sincere welcome to Cleveland and to Lewis Research Center, anticipating the tour scheduled later in the Conference program. He commented briefly on the heritage, role and mission of the Center and pledged his support as host center for the Conference.

Mr. James L. Jennings, Deputy Director for Administration of the Kennedy Space Center, also welcomed Conference attendees, acknowledging the new lead center role in managing the Occupational Health Program for the Agency. He noted the unique role of the Kennedy Space Center as the nation's primary spaceport. He gave special assurance that the considerable experience from the long and illustrious implementation of Occupational Health Programs at Kennedy Space Center and other appropriate resources at the Center would be available to support the Agency Program Office.

Dr. Arnauld Nicogossian, Associate Administrator, Office of Life and Microgravity Sciences and Applications, NASA Headquarters, concluded the opening ceremonies with both welcome and challenge. Noting substantial roles that Occupational Health must assume in the present downsizing of the Agency and in future activities such as the International Space Station, Mars missions, and other space ventures, he identified four avenues of opportunity in NASA's search for quality:

- 1. Develop long range objectives and goals with the appropriate metrics to measure outcomes, not processes.
- 2. Engage the international community in space education and outreach to increase their understanding of NASA and U. S. Occupational Health initiatives with emphasis on prevention.
- 3. Promote the use of current NASA technology such as Web page development within the Occupational Health Program.
- 4. Provide long range planning to integrate Occupational Health Programs with space flight operations.

Upon conclusion of the formal welcomes and ceremonies, Dr. Long turned the moderation of the scientific program sessions of the Conference over to Drs. Emmett B. Ferguson and G. Wyckliffe Hoffler. They introduced invited guest speakers, workshop conductors, and in house presenters. They also coordinated schedules, made announcements, attended to logistics; and generally assured the smooth and timely flow of events.